

Higbee R-VIII Elementary

Counseling

Helping to inspire students to be knowledgeable, responsible, healthy and compassionate citizens

Helping Students Succeed

Elementary counseling attempts to help ***all children*** get the most out of school.

Your support and cooperation cal help make your child’s school years a rewarding experience.

It is our hope that parents and students utilize these services to its fullest capacity. I look forward in working with you this school year!

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Higbee

R-VIII

Elementary

Theresa Fuemmeler

K-12 Counselor

Theresa Fuemmeler

K-12 School Counselor

[](http://www.google.com/imgres?imgurl=http://cdn-6.freeclipartnow.com/d/7039-1/tiger-head.jpg&imgrefurl=http://www.freeclipartnow.com/animals/tigers/&h=350&w=350&tbnid=31N1caOZmn6SxM:&docid=LQDpGBAIh7JSoM&ei=BKLoVcvZDcuSyASot7eABQ&tbm=isch&ved=0CC0QMygqMCo4rAJqFQoTCMvrs5HP28cCFUsJkgodqNsNUA)

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ELEMENTARY COUNSELING

PROGRAM

How Does A Student See The School Counselor?

Students can see

the counselor in

any of the

following ways:

* Self-referral
* Request of the counselor
* Parent referral
* Administrative referral
* Teacher/staff referral
* Referral by friend(s)

ELEMENTARY

COUNSELING

PROGRAM

The Elementary School Counseling Program is designed to focus on improving school climate and increasing academic performance. School wide programs focus on Bullying Prevention and Kindness Promotion, Tolerance and Respect. In addition to these areas, grade level programs also focus on Career Awareness, Study Skills, Goal Setting and Time Management.

SERVICES INCLUDE:

* Classroom Lessons
* Group Counseling (grief, divorce, social skills, study skills)
* Individual Counseling
* Brief Solution-Focused Counseling
* Parent Consultations

For Students:

Students may see the counselor for small group and individual counseling to assist with a variety of concerns and problems, including:

* Working out friendship problems
* Working well with others
* Feeling good about yourself
* Problem solving
* Academic improvement
* Adjusting to a new school
* Managing your feelings (stress, worry, anger, etc.)
* Dealing with peer pressure and bullying

For Parents:

Parents are free to call the Counselor’s Office at any time for a meeting if you have academic, social or personal concerns about your child. I am available to assist and provide you with:

* Improving parent-child communication
* Understanding the developmental changes of childhood
* Supply reference materials
* Information to help understand your child’s special needs
* Referrals for community resources